# Plational Prohibitionist



Twenty-first Century Series

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## We Made A Big Difference

The Prohibition Party when in its prime threw two national elections to the Democrats and, indirectly, caused the adoption of the 18th ("Prohibition") Amendment to the United States Constitution. In 1884, it deprived Blaine of New York, thus throwing the election to Cleveland; in 1916, it took enough votes from Hughes to throw the election to Wilson.

After their losses in 1884 and again in 1916, the Republican Party, although never enthusiastic about National Prohibition, made a tactical decision to support the 18th Amendment as a way to disrupt and eliminate the Prohibition Party threat to its success.

Never say "Third parties are a waste of votes." We don't have to win, we just have to be big enough to cause trouble – "good trouble," as the late Representative John Lewis would say.

## !! Now Available !! A Faithful Remnant

History of the Prohibition Party 1972-2016



## James Hedges

Supplementing and up-dating Roger Storms' *Partisan Prophets* (1972), with an index to both volumes.

Including a fold-out chart showing the years in which the Prohibition Party was active in each state.

Single copies available free, post-paid, courtesy of the Prohibition Trust Fund Association. Request from the author, hedges@prohibitionists.org or POB 212, Needmore, Pennsylvania, USA 17238

Storms' *Partisan Prophet*s has been reprinted by the Trust Fund and also is available at no charge from the same address.

## Dry January

Two years ago, New York City writer Hilary Sheinbaum published a book suggesting that, after an alcohol-soaked winter holiday season, people should recuperate by stepping back from the bar. She points out that spending a month on the water wagon would result in better sleep, better, digestion, a clearer complexion, and most importantly, because alcohol is a depressant – a more cheerful outlook on life.

The Dry Challenge seems not to have withstood the rising tide of booze. The covid pandemic caused a 14 percent increase in drinking overall and a 41 percent increase in heavy drinking by women.

Sheinbaum is a general-interest, "lifestyle" writer, not a specialist, and her proposal has not won popular approval. Neither has the similar "Sober October" initiative by others.

However, stopping drinking for a while and comparing life without alcohol to life under the influence can be a revelatory experience, one which can persuade drinkers to climb onto the water wagon and stay there. (And, if one accepts the challenge, then finds that he cannot stop, this can be a motivator to seek help in stopping.)

Temperance organizations should start planning, now, for a "Dry January" campaign in 2023: Find staff, write publicity, identify news outlets, raise money for advertising, arrange for events, solicit co-sponsors.

### Prohibition Party Social Media

facebook.com/ProhibitionPartyUSA

facebook.com/groups/ProhibitionPartyUSA

twitter.com/ProhibitionUS

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## Road to Ruin

If you add only one article to your file of references this year, make I this one: "41 Ways Alcohol Ruins Your Health <a href="https://www.eatthis.com/alcohol-health-effects/">https://www.eatthis.com/alcohol-health-effects/</a>
Published on the web by "East This, Not That!," it covers every health impact of drinking. Don't be put off by the politically correct "excessive drinking" phraseology, these are the reasons not to drink (at all).

In no particular order:

• Increases appetite

Causes feeling of hunger, leading to over-eating.

Increases blood pressure

Constricts blood vessels, leading to strokes.

• Increases frequency of epileptic seizures

If one already has epilepsy.

- Causes dehydration (increases thirst) Alcohol is a diuretic and causes a craving for salty drinks.
- Aggravates diabetes
   Causes weight gain, interferes with insulin production.
- Causes stomach ulcers
  By increasing production of stomach acid.
  - Causes weight gain

Alcoholic beverages are high in sugar and increases body fat.

• But simultaneously causes loss of muscle tissue

If you drink after working out, you're negating the benefit if the workout.

• Causes many cancers of the digestive system

The kind of drink is irrelevant – all alcoholic drinks cause cancer.

• Also causes breast cancer Alcohol is carcinogenic everywhere in the body, especially here.

- Causes earlier onset of dementia Drinkers' brains age-out earlier.
  - Causes muscle cramps during exercise

A side-effect of dehydration (qc)

- Increases frequency of illness By depressing the immune system.
  - Decreases fertility

Reduces sperm count, interferes with conception, causes birth defects

• Kills brain cells

Reduces mental acuity and slows processing speed.

- Results in cirrhosis of the liver Scaring causes loss of liver function and build-up of toxins in the blood.
- Causes pancreatic diseases

  By inflaming the organ, especially dangerous for diabetics.
  - Causes depression

Persists long after alcohol consumption stops.

• Promotes obesity

"Beer belly" is a common symptom of drinking; beer, especially, is high in carbohydrates.

Causes strokes

Constricts blood vessels, increasing blood pressure.

• Susceptibility to alcoholism can be inherited

Puts children at risk, even when they are raised as abstainers.

- Leads to kidney problems
   Drinking is associated with kidney stones and tissue damage.
  - Causes neuropathy

Loss of feeling, especially in lower extremities.

- Fights with prescription medications Can reduce effectiveness or even cause harmful reactions.
- Promotes anemia

Can reduce red-blood-cell counts.

Causes gout

By damaging kidney function.

• Increases social isolation

Despite its reputation as a "social lubricant," alcohol increases depression and anxiety.

Loss of inhibition

Greater willingness to engage in risky behavior of all kinds.

• Insomnia

Inhibits falling asleep and then prevents deep sleep.

Chronic exhaustion

Alcohol's depressive and dehydrating effects, plus its promotion of insomnia, lead to poor sleep quality, which then results in lethargy and lack of energy the next day.

In short, if it ails you, and if you have been drinking, the proximate cause may be alcohol!



The Bell Tolls For Alexander Mayurov

Alexander Mayurov, academician, eminent Russian sobriologist and advisor to the Russian Duma, died on 7 April this year. He was nearly72.

Mayurov was born on 20 April 1951. He wed his wife, Valentina, in a "dry" ceremony, unusual at the time.

He began agitating for a return to prohibition in Russia in 1968, at first encountering strong opposition from the Communist Party. His early work was circulated as underground "samizdat" manuscripts. Briefly, during the mid-eighties, he had government support, but the national government resumed its advocacy of drinking after two years, and he had to continue using his own resources.

Early in this century, Mayurov became able to write, travel, and lecture freely on the subject of beverage alcohol. His opus of anti-alcohol literature is enormous, although much of it is available only in the Russian language.

He was made a member of the Writers' Union of Russia. He founded the International Academy of Sobriety, and the State Duma established an Expert Council on Sobriety and a Healthy Lifestyle.

He organized many internet conferences on sobriety during the covid pandemic and, at the time of his death, he was working toward holding a conference, the "World Year of Sobriety."

Alexander Mayurov is sorely missed and will be long remembered!

(Information from a longer obituary provided by Vladimir Ilyich Vardugin, Professor at the Academy.)

## **VOTE DRY**



Editor's Musings Animal Rights

I don't like to say animal "rights," because that makes people associate us with PETA and other fringe radicals, but the Prohibition Party does share a concern about the humane treatment of animals. There is a plank about that in our 2020 platform.

When we exercise control over animals, we incur an obligation for their welfare.

The platform specifically condemns cock- and dog-fighting and bear-baiting. These entertainments serve no beneficial purpose and result in injuries to the animals involved.

What about catch-and-release fishing? It's another non-beneficial entertainment which injures animals.

Or, killing trophy animals for sport, instead of for food?

Some people raise deer and turkeys within fenced enclosures, to prevent their fleeing when hunted. Unsportsmanlike!

A well-known 2016 Republican presidential candidate boasted of hunting wolves from a helicopter. I would not have voted for her for that reason alone!

Some of the above are widely seen as objectionable on grounds of "poor sportsmanship," although they do not cause suffering. Others have suffering as a central component, solely to give humans pleasure.

On a different level – Some medical research has to be done with living organisms. Humans benefit greatly from experiments on animals. But, because the animals themselves do not usually benefit, would it not be more ethical to conduct these necessary experiments on humans?

Animal rights advocates need to answer that question.

## Watch Your Step

It's not just drinking and driving. Drinking and walking is dangerous, also, especially walking home drunk after a New Year's Eve party.

Studies have shown that more pedestrians are killed on the first day of the year than on any other day, and that many of those killed have elevated blood-alcohol levels.

It's a 5-minute walk from my house to the pub, but it's a 35-minute walk from the pub back to my house. The difference in length is staggering!

## State Lotteries Rob the Poor

A recent meta-analysis of state lottery data shows that most lottery sales outlets are located in low-income neighborhoods and that, except in Arizona and in Washington, D.C., the majority of sales are made to local residents.

Lottery sales are disproportionately made to people who have low incomes and who have not graduated from high school: High school dropouts spend four times as much on lotteries as do college graduates.

Lottery proceeds are disproportionately used to benefit people who are better-educated and who have higher incomes: Lottery proceeds typically are used to supplement education budgets, but the school districts and individual students who receive lottery support typically are wealthier and better-educated than are the residents of neighborhoods where lottery tickets are sold.

People who gamble on lottery tickets lose about  $35^{\circ}$  of every dollar spent.

In 2021, state lotteries fleeced residents of some \$82 billion. Of that, only \$53 billion was returned to "winners." Five billion went for commissions to sellers, and three billion went to the bureaucrats who administer the lotteries. A mere \$21 billion was used to support the school and other governmental programs which are the ostensible justification for having state lotteries.

Modern state lotteries began in New Hampshire, in 1964. Now, only Alabama, Alaskas, Hawaii, Utah, and Nevada do not have lotteries.

## Sign Up For the New York Prohibitionist

Interested in keeping up to date with all the news from the New York Prohibitionist? Well, you can sign up for our email list, and have latest issues emailed to you when they come out. All you have to do is email newyorkprohibition@aol.com and let us know you'd to sign up. You can also do so by messaging the New York Prohibition Party Facebook Page or the New York Prohibition Party Twitter Account.

### Abortion Prevention

In 2004, Colorado began offering teen women free IUDs without parental consent. Within eight years, teen pregnancies declined by 54% and teen abortion rates fell by 64%.

We have the technology to prevent abortions. Let's use it, instead of criminalizing abortions for political advantage.

## Trust Fund Meets

The Prohibition Trust Fund Association held its 2022 annual meeting on June 27th, at Wilkes-Barre, Pennsylvania.

The Trust Fund makes small grants each year to total-abstinence organizations and programs. The Prohibition National Committee receives money to publish *The Prohibitionist* and for elections work. The Partisan Prohibition Historical Society receives money for website development and for special publications. They were awarded \$5000 for 2022-2023.

Other recipients this year included the Pennsylvania Council on Alcohol Problems, the Illinois Council on Alcohol Problems, the Michigan Council on Alcohol Problems, and Southwest Reservation Aid.



Conservatism: "To my mind, conservatism is gratitude," says conservative intellectual Yuval Levin. "Conservatives tend to begin from gratitude for what is good and what works in our society and then strive to build on it, while liberals tend to begin from outrage at what is bad and broken and seek to uproot it."



"Of all the substances of abuse, including cocaine, heroin, and marijuana, alcohol produces by far the most serious neurobehavioral effects in the fetus resulting in life-long permanent disorders."

-- D.T. Sakamoto (2012) - Hawaii Jour. Med. & Public Health 71(5):132-135



I would like to be a sinner, Sinning just for fun, But I always suffer so, When I get my sinning done. Langston Hughes

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Charles Robert Burger was a prominent temperance leader in the years before and after 1900. He ran for local office in California as a Prohibition Party candidate in 1908, 1913, and 1922.

A man of many interests, Burger also was prominent in the National Amateur Press Association (NAPA), a hobby group of writers and publishers. The following biography is excerpted from longer articles by Ken Faig and by David Tribby, published in The Fossil, whole number 392, July 2022 (www.thefossils.org).

Burger was born, in New York, in August of 1864 and died, in California, on 31 May 1939.

He began writing and publishing in 1882, issuing small amateur journals for the NAPA. Almost immediately, he met prominent Massachusetts Prohibitionist Willard Wylie, who, coincidentally, was also a NAPA member.

Burger grew up in New York City but, after his father's death (ca. 1876), he moved to New Jersey with his older brother and widowed mother. There, he was employed as a clerk, as a tailor, and as a stock broker.

Burger had become a temperance leader in New Jersey as early as 1889, where he was a member of the Hudson County Temperance Alliance. He was the Prohibition Party representative on the Hudson County Ballot Reform Association. In 1890, he was an officer of the Madison Council No. 12 of the Royal Templars of Temperance (a Scottish Rite Masonic group advocating total abstinence).

The humid East did not agree with his health, however, and in 1894 he moved to Colorado Springs, where he was manager of the Colorado Stock and Grain Company.

Little else has been discovered about his life in Colorado.

Still moving on, Burger appears in Pasadena, California in 1906. Pasadena city directories around that time describe him as a "clerk" and a "stocker broker" and as (still) manager of the Colorado Stock and

Grain Company. He never married, but census records show that his household included his widowed mother and various other relatives. He worked with errant boys in the YMCA, in the Epworth League, and at a Good Templars orphanage, and he adopted one of the orphans , Miles Elliott, to be his son.

Becoming locally prominent, he was appointed a member of the Los Angeles County Civil Service Commission in 1918; he was made chairman of the Commission in 1921. He was involved with the Citizens' Suffrage League of Pasadena and with the Municipal League in Pasadena. He was Grand Chief Templar of the California International Order of Good Templars (IOGT) and a trustee of its state Grand Lodge.

Charles Burger was a delegate to the 1908 Prohibition Party national convention. He had become chairman of the California Prohibition Party by 1916; the State party had an office in Los Angeles (129 west Second, room 215). He was also chairman of his county (Los Angeles) Prohibition Party.

He ran for the California Assembly from his Pasadena district in 1908, for the Pasadena City Commission in 1913, and in 1922 as a fusion (Prohibition/Democrat) candidate for the California Senate. He won none of those campaigns, but he always made respectable showings.

Disapproving of our Party's endorsement of Herbert Hoover in 1928, he left us and voted, instead, for Socialist Norman Thomas — not because he really was a Socialist, but because he abhorred both major parties and wanted to lodge his vote where it would make the largest protest.

## Going to Pot

The rush to legalize recreational marijuana ignores public health and safety concerns.

-- Pennsylvania (state) Senator Judy Ward, writing in the Harrisburg Patriot News on 4 April 2022. Reprinted by permission.

There has been a lot of news surrounding the recent Senate Law and Justice Committee hearings regarding the legalization of recreational marijuana, and as a member of that Committee I am concerned about the discussions that have taken place. The hearings have seemed one-sided, and the topics covered have been used to advance recreational marijuana legislation rather than provide a thorough vetting of all as-

pects of this controversial issue.

Marijuana is not as harmless as some of who favor legalization claim, and the science is clear. The National Institutes of Health, the Mayo Clinic, the Cleveland Clinic, and the World Health Organization all agree that marijuana is an addictive substance that can trigger dependency and withdrawal symptoms.

Research from the National Institute on Drug Abuse concluded marijuana use doubles a person's risk for developing opioid addiction and that 4 in 10 users will abuse harder drugs in their lifetimes. The statistics are worse when it comes to our youth. Sixty percent of new marijuana users each year are under age 18, and marijuana is the number one reason adolescents are admitted to substance-abuse treatment in the United States.

Aside from the physical consequences to the individual using the marijuana, there are real consequences to the community as well. We need only to look to other states to see that commercializing the sale of addictive marijuana produces outcomes with more crime and more DUIs. For example, a 50-year study found that marijuana use is linked to seven times greater odds of subsequent violent crime.

In Colorado and Washington, DUI fatalities involving marijuana have more than doubled in the past decade. Colorado has also see a rise in marijuana-related emergency room visits among teens and reports the highest rate of first-time users under the age of 18 in the nation.

To insist that marijuana use comes with zero risk of dependency is contradicted by science and the medical community. The American Psychiatric Association, the American Academy of Pediatrics, the American Medical Association, the American Lung Association, the American Heart Association, and the American Cancer Society all stand opposed to legalization. And the list goes on....

There are many consequences to legalizing marijuana, and they are not all good. These consequences can be harmful and dangerous to ourselves, our children, and our communities. They must be thoroughly vetted before making such a huge policy change that will affect us for years to come.

I welcome the discussion surrounding adult-use legalization, but I urge caution among my fellow lawmakers who may be apt to vote "yes" without considering the long-term consequences.